

SYLLABUS FOR AUXILIARY NURSE MIDWIFE (CORE SUBJECT)

(TOTAL MARKS: 50)

- **COMMUNITY HEALTH NURSING:**

Concept of Health, Community Health Practices, Health problems & policies, Health Organization, Role of Health Team, Structure of Community, Rural Community, Dynamics of Community, Community need assessment, Community methods & media, Counseling, Community Based Rehabilitation.

- **HEALTH PROMOTION:**

Nutrition: Essential Nutrients, Nutritional Problems, Nutritional Assessment, Promotion of Nutrition

Human Body and Hygiene: The Human Body, Hygiene of the Human Body, Optimal functioning of the body.

Environmental Sanitation: Environmental Sanitation, Safe water, Disposal of Excreta & Waste, Community participation.

Mental Health: Mental Health, Maladjustment, Mental Illness, Old age care.

- **PRIMARY HEALTH CARE:**

Infection & Immunization: Concept of Disease, Infection, Immunity and Body defense mechanism, immunization, collection of specimen (principles & methods), Disinfection & Sterilization, Waste Disposal.

Communicable Diseases: Introduction to Communicable Diseases, Communicable Diseases, Care in Communicable Diseases, Epidemic Management.

Community Health Problems: Care of the Sick in the Community, Fever (Vital Signs), Respiratory Problems (Types & Classification), Aches & Pain (Nursing Management), Digestive problems, Urinary problems, Cardiovascular problems (signs & symptoms), Diseases of the nervous system (Neurological problems, Metabolic Diseases, Diseases of the Musculo-skeletal system, Care of Handicap

Primary Medical Care: Types of Drugs, Administration of Drugs, Drugs used in minor ailments, Common Emergency Drugs

First Aid and Referral: Need for First Aid, Minor injuries and ailments, Fractures, Life threatening conditions.

- **MIDWIFERY:**

Human Reproductive System, Female Pelvis and Fetal Skull, Foetus and Placenta, Normal Pregnancy, Antenatal Care, Normal Labour, Care during Normal Labour, Normal puerperium, Care of new-born, High risk new-born, Safe Mother-hood, High risk pregnancies, Abnormalities of pregnancy, Abortion, Abnormal Childbirth, Abnormal puerperium, Surgical Intervention, Medications used in Midwifery, Life cycle approach, Status of women and empowerment, Women Health problems, HIV/AIDS, Infertility, Population education, Family Welfare.

- **CHILD HEALTH NURSING & HEALTH CARE MANAGEMENT:**

Growth & Development, Nutrition of Infants & Children, Children's rights, Care of the sick child, Care of School children, Care of Adolescents, Care of Adolescent girls.

Sub-Centre, Maintenance of Stock, Co-ordination.

**GENERAL SYLLABUS FOR OMR BASED WRITTEN EXAMINATION FOR
RECRUITMENT OF AUXILIARY NURSE MIDWIFE (ANM) IN APGCL**

| Subjects/Topics | | Marks |
|------------------------|--|--------------|
| General English | Rules of Tense, Rules & List of Preposition, Synonyms, Antonyms Idioms & Phrase, Direct & Indirect Speech, Determiners | 10 |
| General Knowledge | Current Affairs (State), Static General Knowledge, Who's Who, Sports, Books & Authors, Awards & Honour | 15 |
| General Aptitude | Alphabet Series, Classification, Blood Relations, seating arrangements | 15 |
| General Mathematics | Number System, Average, Percentage, Profit & Loss, Compound Interest. | 10 |
| Total Marks | | 50 |